

>YOUNG

ACTIVE MINDS





Young Active Minds started out as an initiative set up by Montgomery (Monty) Lord in an attempt to help others to improve their memory retention & learning skills.

Following on from Monty's initial work, this charity was registered to promote and provide a full spectrum of enhanced learning methods to children and young people. IQ and memory are two very different things. Any persons memory can be trained and improved very quickly.

Young Active Minds advances education in enhanced learning methods through the provision of specialist memory training. These are techniques that children and young people can use to both further their academic attainment and also in numerous everyday applications.

We do this through the provision of educational training to improve the learning methods of children & young people in their school settings and within their communities. This is achieved through workshops, online courses and assemblies by visiting academic settings in person, as well as youth groups, libraries, public meeting spaces and other community groups.

The typical structure of the basic workshops addresses the fact that memory is not predicated on intelligence and that each person, irrespective of academic attainment, can have a great memory. The workshops are structured around various activities which engage the children & young people both on a one-to-one basis and also in groups.

The sessions begin with a discussion about what memory means to them and how memories can affect their moods and behaviour. There is a baseline memory test and the session ends with each child being able to perform feats of incredible memory recall. This is used to demonstrate to each child that they can achieve and increases feelings of self-esteem. It's a measurable outcome for each participant, achieving far beyond what they perhaps previously believed.

During the workshop, we introduce the children to various memory enhancement techniques and provide advice and guidance upon how to apply these techniques to their everyday lives and school work.

After what seemed like months of preparation and running through several iterations of training workshop syllabuses for school and children, our board of trustees finally saw their hard work pay off with formal registration as a charity by the UK's Charities Commission (registered number: 1189445).

These enhanced memory techniques are so effective we want to get them into the hands (& heads!) of as many children as possible.....and that's our goal.

Sebastian



OUR MISSION

Our mission is to advance education & mental health awareness throughout all community groups by the promotion of enhanced learning methods and the provision of services and specialist memory training to support the development of all individuals' capabilities, competencies, understanding and skills through school, leisure time and community activities, irrespective of financial background, current attainment levels or cultural diversity.

Philanthropy

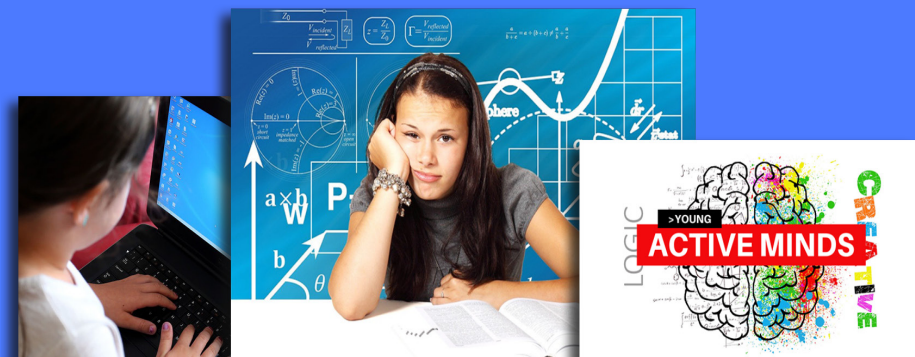


This charity has also been launched during the 75th anniversary of the creation of the United Nations.



We fully support the United Nations (UN) Sustainable Development Goals, specifically SDG4: to ensure equitable and quality education for all.

Our Team



Trustee: Fabian Lord (Chair)



Fabian is the Chair of the Board of Trustees and handles the day-to-day running of Young Active Minds.

Fabian is used to providing educational training to children and young people as a civilian instructor.

Fabian is a former deputy training manager for a multi-national company training up to 6,500 employees and was a chartered member of the Chartered Institute of Personnel & Development as well as an associate of the Chartered Institute of Educational Assessors.

Fabian is also a licensee and a speaker at TEDx events and a TED-Ed educator. He was a registered member of Mensa and holds a current enhanced DBS check and previously held position as a school governor.

Trustee: Marie Gooljar (Treasurer)



Marie is the Treasurer of the Board of Trustees and handles the finances and day-to-day accounts.

Marie has worked for 40 NASDAQ's and FTSEs Companies in her career to-date.

She enjoys tutoring students in specialist areas and runs a tutoring company. Marie works with all age ranges from primary school, to secondary school tutoring subjects including English, Business Studies and English Literature making learning fun and understandable with proven results.

Marie also tutors university students in Accounting and Business Studies.

Marie is also a licensee for TEDx events and holds a current enhanced DBS check.

Trustee: Elizabeth Douglas (Secretary)



Liz is the Secretary of the Board of Trustees.

Liz comes into regular contact with children in her capacity as the Vice Chair of Governors at a primary school for children with social and emotional health challenges. She also works as a Key Mentor in secondary alternative provisions across Greater Manchester with children and young people with EHCP plans and with children permanently excluded from school.

Elizabeth has also completed the following safeguarding courses: Children Safeguarding Levels 1 & 2; Adult Safeguarding Levels 1 & 2; & Child Sexual Exploitation Training Levels 1 & 2.

Trustee: Gabriela Silion



Gabi is a member of the Board of Trustees.

Qualified as an accountant in Romania, Gabi moved to the UK in 2002 where she's worked in Financial Services ever since. Gabi has volunteered and fund raised for a number of charities close to her heart: Manchester Dogs Home, Cancer Research, Mind and MND to name a few. More recently Gabi volunteered with various schools and universities in Greater Manchester, supporting students with work interview skills and practical money skills.

Gabi is delighted to be a Trustee of Young Active Minds and looks forward to working alongside the other Trustees and the Board of Directors to supporting all the exciting projects and initiatives.

Gabi lives in East Midlands with her boyfriend, Mark, their three dogs, Mally, Louis and Luca, and a Hahn's Macaw called Harry.

“Memory isn’t predicated on a person’s level of intelligence. It’s something quite separate and unique for each individual.”

Montgomery (Monty) Lord
Guinness World Record memory champion

THE GUINNESS WORLD RECORDS

Our enhanced memory techniques put into practice by a 14 year old, bringing him 2 Guinness World Records and guaranteeing an entry in the 2021 book.

Montgomery (Monty) Lord...

You may have heard about the Guinness World Records. Many of the enhanced memory techniques that we are providing have been developed in conjunction with Montgomery (Monty) Lord.

Using these same techniques, at the age of 14, Monty entered the Guinness World Record books as a world memory champion, studying the openings of 500 works of literature and recalling 129 consecutively from their opening sentence.

2 months later, Monty became a double Guinness World Record holder after also achieving the record for the Fastest Time to Identify 10 Books by Their Main Character, almost halving the time of the previous record holder.

He's a full member of the World Memory Club and inducted as a member of the International Association of Memory.



CERTIFICATE

The fastest time to identify 10 books by main character is 11.15 seconds and was achieved by Montgomery-Everard Lord (UK) in Bolton, UK, on 12 February 2020.

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CERTIFICATE

The most consecutive books identified by their first sentence is 129 and was achieved by Montgomery-Everard Lord (UK) in Bolton, UK, on 12 December 2019.

OFFICIALLY AMAZING



*Ways To Get
Involved*



Way #1 To Get Involved...

Donate

We will have the facility for supporters to be able to make donations very shortly. They're just being put in place now with an ad hoc facility and a monthly donation service.

All donations will be covered by Gift Aid, this increases the value of your donations by 25%.

Currently you can donate in 2 ways, either:

- i) In Person - hand your donations to a member of the Young Active Minds team; or
- ii) By Post - you can send a cheque made payable to Young Active Minds to:

Young Active Minds, 21 Royal Court Drive, Bolton, Greater Manchester, BL1 4AZ.

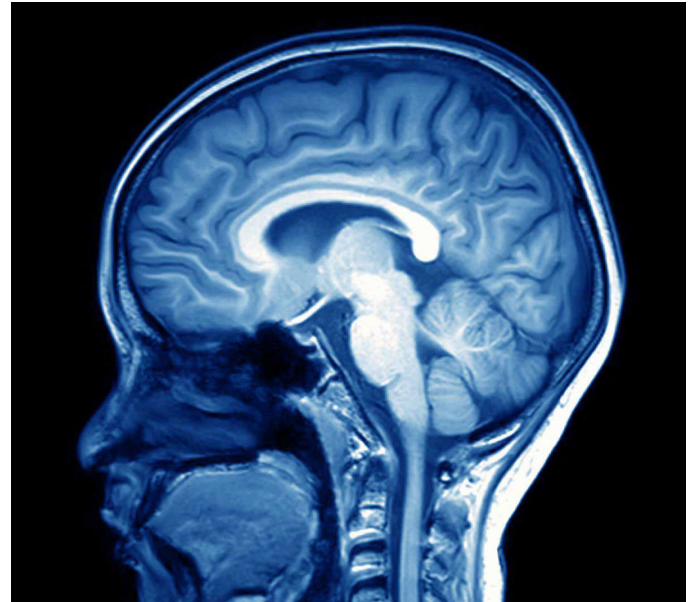


Way #2 To Get Involved...

Become a Volunteer

We're in the process of developing a Volunteers and Fundraisers pack, putting together some of our best ideas for how you could help raise funds for our charity or act in a volunteer capacity.

Volunteering can be a fantastic and worthwhile opportunity and along the way, many volunteers find that they pick up new skills.



Way #3 To Get Involved...

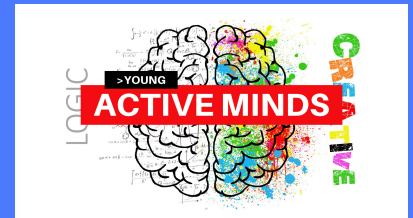
Become a Guardian

We're in the process of finalising our charity Guardianship scheme and very excited with what we're about to announce.

Supporter, guardian, defender, protector, defender, backer, patron, philanthropist, volunteer, sponsor, well wisher or supporter. Call yourself anything you like, it all amounts to the same thing;

'...a person who protects or defends something.'





Young Active Minds
(Charity No. 1189445)

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